

WHAT DO YOU SEE?

Opportunity or **barrier**



United Way
Niagara
unitedwayniagara.org

Behind thousands of doors in Niagara...

People struggle with invisible barriers. Issues like income, food insecurity or mental health challenges can be difficult to see from the outside. You may not know that your neighbours have not been able to pay their rent in two months, or that the father of two down the street is battling addiction. You may not see the single mom of three from the bus stop skipping meals to make sure her kids get enough to eat, or the teenager who rides her bike past your house stuffing everything she can into a backpack because home is no longer safe.

You don't see these things because they happen behind closed doors.



A door can symbolize
a world of possibilities,
or represent impossible
barriers.

**Your donation is the
key that turns barriers
into *OPPORTUNITIES*.**



Why donate to United Way?

United Way Niagara exists to support the most vulnerable people, when and where they need it, by investing in life-changing programs that strengthen the social safety net and build capacity in Niagara.

It is no secret that we are facing an unparalleled social crisis. Lifting people out of poverty will not happen overnight - it is going to take more than just one person, organization or agency to do it. A strong social safety net, comprised of a network of agencies, is more critical than ever. Our community urgently needs our help.

United Way funding is the backbone of Niagara's social safety net, funding programs that **1 in 4 people** in Niagara will access in their lifetime. It is only with your support that the safety net is strong and there for local people in their time of need.

United we address the challenges of today – meeting basic, urgent needs – while building a stronger community for everyone who lives here, paving the way for a better tomorrow.

Will you join us?

LOCAL GIVING. 100% LOCAL IMPACT.

"No one expects their life to turn upside down. When it happened to me, West Niagara's transitional housing program was there for me and my kids. My support worker was amazing to work with from the moment we met - showing me that someone does care. I felt like I could see the light again. Having a safe, happy home for my kids, and getting back on my own two feet, was all I wanted. I am so grateful for everyone who helped me regain my independence and stand up again."



YOUR GIFT IN ACTION



\$10 per pay

can provide 15 teens with supports and life skills to successfully transition to adulthood.*



\$20 per pay

can provide 188 people in need with a nutritious meal.*



\$60 per pay

can provide access to mental health and community supports for 13 vulnerable adults.*

**Examples based on payroll deductions over 26 pay periods.*

Please consider a gift to United Way this year.

**You can donate through your WORKPLACE CAMPAIGN,
by phone at 905-688-5050 or [ONLINE](#) at any time.**

ONE GIFT. SIGNIFICANT IMPACT.

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Attachment and Trauma Centre for Healing
(ATTCH) Niagara*
Autism Ontario - Niagara Region Chapter
Bethlehem Housing and Support Services*
BGC Niagara (Boys and Girls Club Niagara)
Big Brothers Big Sisters of Niagara
Birchway Niagara
Bridges Community Health Centre*
Canadian Mental Health Association
Community Care of St. Catharines & Thorold
Community Care of West Niagara*
Community Living Grimsby, Lincoln and
West Lincoln
Community Living Port Colborne - Wainfleet
COPE - Community Outreach Program Fort Erie
Crystal Ridge Community Church
Crystal Ridge Dream Center*
Cultivating Hope Foundation*
Distress Centre Niagara
Epilepsy Niagara
Faith Welland Outreach*
Family Counselling Centre
Family Mental Health Support Network
of Niagara
Food4kids Niagara*
Fort Erie Multicultural Centre
Fort Erie Native Friendship Centre
Gateway Residential and Community Support*
Gillian's Place*
Golden Harvest Baptist Church
Grimsby Benevolent Fund
Heartland Forest Nature Experience*
Holy Trinity Welland*
Horse Cents for Kids*
Hot Meals, Warm Hearts
Kristen French Child Advocacy Centre*
Learning Disabilities Association of
Niagara Region
Links for Greener Learning*
Mainstream
March of Dimes Canada
Meals on Wheels Niagara Falls
Meals on Wheels Port Colborne
Migrant Farmworkers Project*
Newark Neighbours

Niagara Centre for Independent Living
Niagara Chapter Native Women
Niagara Falls Community Health Centre
Niagara Falls Public Library Board*
Niagara Folk Arts Multicultural Centre*
Niagara Region Sexual Assault Centre
(CARSA Inc.)
Niagara Regional Learning Centre
Niagara Regional Native Centre*
Niagara SPCA and Humane Society*
Niagara Women's Enterprise Centre
Niagara Worship Centre*
Open Arms Mission*
Port Cares
Positive Living Niagara
Project Share
Quest Community Health Centre
Ridgeway Lions Club
Salvation Army Fort Erie
Shepherds Heart/Fallsview Church
Silver Spire United Church
Southridge
St. James & St. Brendan Anglican Church*
St. John Ambulance*
St. Vincent de Paul, St. Michael's Conference*
St. Vincent de Paul, St. Alfred's Conference
St. Vincent de Paul, St. George's Church
St. Vincent de Paul, St. Michael's Church
Start Me Up Niagara*
Start2Finish Canada*
Strive Niagara
Strong Fort Erie Neighbourhoods*
The Bridge Missional Communities*
The Embrace Centre
The FORT (Foundation of Resources for Teens)
The Hope Centre
The RAFT (Niagara Resource Service for Youth)
Thorold Community Activities Group
Victim Services Niagara*
West Lincoln Community Care*
West Niagara Palliative Care Services
(Rose Cottage)
Westview Centre4Women*
YMCA of Niagara
YWCA Niagara Region*

**Organization received Special Project Funding*

To help address gaps in services, United Way also provides a number of special initiatives, **helping thousands** of local people every day.

After School Matters
Backpacks for Kids
Growing Communities
Hygiene Kits

Niagara Community Garden Network
Niagara Food Security Network
Period Promise
Welcome Home Kits

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